

Christmas in the United Kingdom

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Trees an decorations

Cities are decorated with Christmas lights. Famous people switch them on. The most famous Christmas lights are in 'Oxford Street' in London. Every year they get bigger and better. Thousands of people go to watch the big 'switch on' around the beginning of November. Trees are often real decorated fir-trees.



'Oxford street' London UK (2011) light's

The Annual Queen's speech

The Queen every year (for over 50 years), makes the monarch's Christmas speech. The idea was introduced by her grandfather, King George I , it is a new tradition , and it's listened on the radio.



Queen Elizabeth II on her Christmas speech (2004) background with tree.

The main meal: food!!

In the UK, the main Christmas Meal is usually eaten in the early afternoon on Christmas Day. It's normally roast turkey, roast potatoes and 'all the trimmings' which means vegetables like carrots and peas, stuffing and sometimes bacon. It's often served with cranberry sauce and bread sauce. (Traditionally, and before turkey was available, roast beef or goose was the main meal). One vegetable that is often eaten are brussel sprouts with chestnuts.

12 FOODS OF CHRISTMAS

Around 50% of us don't like **SPROUTS** because we have a gene that makes them taste bitter

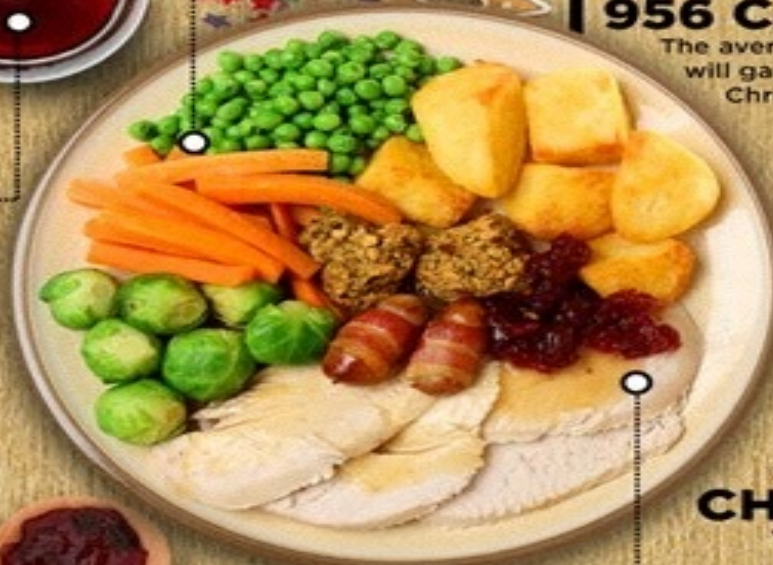


You can prepare bottles of **MULLED WINE**

ahead of time and save them for next year, the spices act as preservatives and keep it fresh

The world's largest **CHRISTMAS DINNER CHALLENGE**

contains 25 roast potatoes, a whole turkey, 25 honey roasted carrots, 25 sprouts and 25 broccoli and cauliflower heads



The average Christmas dinner contains **956 CALORIES**

The average person in UK will gain up to 7lbs during Christmas time.

NUT ROAST

is the most popular vegetarian alternative to Christmas turkey. Nut roast is commonly made with nuts, legumes and breadcrumbs

Before turkey, the traditional Christmas meal in England was a **PIG'S HEAD**

and mustard



23% of people choose **CHOCOLATE YULE LOG**

as a Christmas pudding

An estimate of 6.5 million jars of **CRANBERRY SAUCE**

are consumed in UK during Christmas



61% of people choose to have **TURKEY GRAVY**

with their Christmas dinner

During Christmas we **THROW AWAY**

an estimated 2 million turkeys, 5 million Christmas puddings and 74 million mince pies

The average UK household **SPENDS £161**

on Christmas food & drink

300 million **MINCE PIES** are estimated to be eaten over Christmas

The largest **PIG IN BLANKET** is 2ft long



The world's most expensive **CHRISTMAS PUDDING**

costs £23,000



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The dessert or pudding

Dessert is Christmas Pudding. Mince pies and chocolates are often eaten! The dinner table is decorated with a Christmas Cracker for each person and candles. Christmas Cake is also popular: it's a rich fruit cake covered with icing and topped with Christmas-themed decorations like a sprig of holly.

Sweet Mince-pies



Traditional Christmas Pudding



Christmas Cake

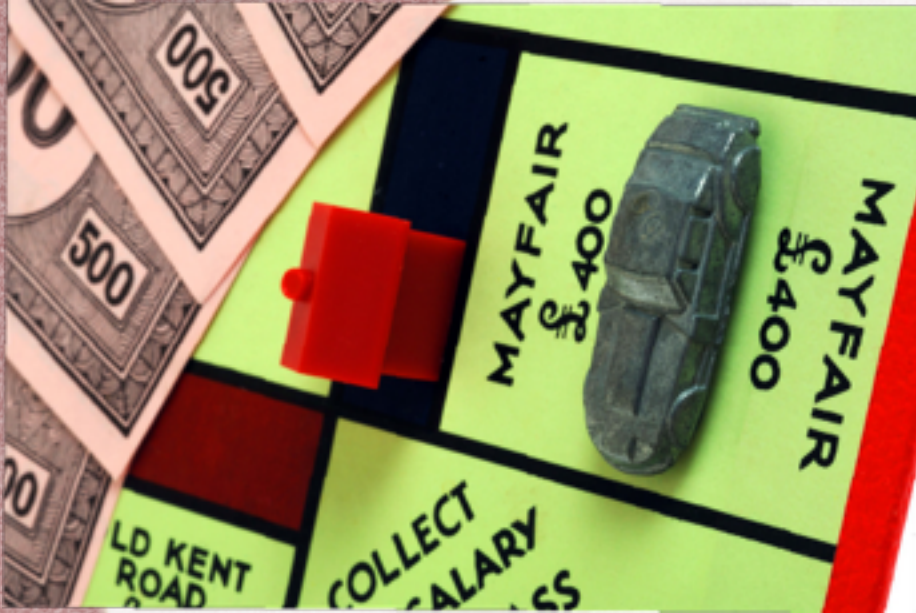


Christmas Cracker

Traditional UK christmas GAMES!

There are a lot of ways to spend your Christmas hours, but the best way is with games. Here are a few traditional British Christmas Games:

GAMES: Monopoly



According to the World Of Monopoly, individuals have been playing a variant of this game since 1904, when

Elizabeth Magie was granted a patent for a board game called The Landlord's Game.

GAMES: Blind Man's Buff

It's said that this game has been played from the mid 19th century and it's lasted through the ages.



GAMES:

Kim's Game

The name is derived from Rudyard Kipling's 1901 novel Kim, in which Kim plays the game.

You play by fill a tray with random objects and asking your Christmas party to memorize the items. Then take the tray away and ask your party to list everything on the tray.

