

What are herbs and spices?



What are

Herbs and spices are ingredients that are frequently used in kitchen, their use have ancient origin .

Herbs

The aromatic herbs are the leaves fresh directly we use from our garden, balcony or windowsil.



Which herbs we know?

- ▶ Basil
- ▶ Parsley
- ▶ Mint
- ▶ Sage

Spices

Spices are obtained from different parts of the plants of the plants such as berries, seed, roods, which need traitment processes, extract their particular taste.



What spices we know?

- ▶ Tourmeric
- ▶ Red chili
- ▶ Cinnamon
- ▶ Nutmey
- ▶ Ginger
- ▶ Cumin
- ▶ Coriander
- ▶ Vanilla
- ▶ Pepper
- ▶ Dried oregano
- ▶ Rosemary
- ▶ Curry

Fine

Fatto da Emanuele Urzì, Tommaso Italia, Andrea La Spina, Christian Catalano